



# Waves of Beach Feast

## 夏日 · 沙灘味

It's time to hit the beach! And how about a delicious meal to up the pleasure quotient this summer?

In recent years, a few beaches in Hong Kong have reinvented themselves into foodies' paradises. Let us take you to Repulse Bay, Ma Wan and Shek O, where you can beat the heat with a sip of cool summer drink, complete with scrumptious food.

夏日燒着了！馬上跑到沙灘跳入大海，消暑之餘，順道來一趟美食之旅。近年本港有不少沙灘已進化成美食天堂，今期帶大家走遍淺水灣、馬灣及石澳三個各有特色的海灘，聽着浪花拍打的聲音，呷一杯冰凍特飲，極速掃走悶熱感覺。

Text 撰文 | Tsui Yu Photo 相片 | Tsui Yu · Shutterstock

## Picnic under The Bridge 大橋下野餐



01



02



03

Café Roma is nestled in Ma Wan, an oasis that is vehicle-free and offers the beautiful views of Tung Wan Beach and Tsing Ma Bridge. The atmosphere of Café Roma is laid-back and there is an idyllic outdoor patio, from where the beach is just a few steps away.

Headed by award-winning Finnish executive chef Jaakko Sorsa, the restaurant offers classic European fare, with popular dishes including Lobster Bisque and Roast US Black Angus Beef Sirloin. Added to the menu this summer is a range of cool beverages and star item Summer Picnic Basket, which features Italian salami, Parma ham, salad, pizza, French baguette with Camembert cheese, fresh fruit skewers, and sparkling

water. Diners can take the wicker basket down to the beach, enjoying the delightful food while hearing the sound of waves.

嚴禁私人車輛駛入的馬灣，空氣質素極高，是香港少有與市區隔絕的綠洲，島上東灘泳灘正好處於青馬大橋下，構成獨一無二的風景。Cafe Roma 的環境設計充滿 resort 風情，門外的露天空間設置木地板及木桌椅，數步之遙已是沙灘地段。

餐廳由來港多年、獲獎無數的芬蘭籍名廚 Jaakko Sorsa 掌舵，帶來經典的歐陸菜式，包括龍蝦濃湯、香燒美國安格斯西冷牛扒等。踏入炎夏，Jaakko 推出一系列透心涼的甜品及飲品，是享受日光浴時的最佳伴侶。值得推介有「夏日沙灘野餐樂」套餐，由餐廳為客人準備豐富的

野餐籃，內裏盛載美食包括意式巴馬火腿、煙燻火腿、沙律、薄餅、法國軟芝士配法包、鮮果串及有汽礦泉水等，將它帶到沙灘上，一邊聽着浪濤的歌聲，一邊享受野餐樂趣，寫意得令人不願離去。

### 01. Chocolate Chestnut Sundae

朱古力栗子新地 HK\$78

The rich chocolate ice cream is matched with chestnut syrup and refreshing blueberries. 朱古力雪糕淋上栗子糖漿，味道濃郁，配以新鮮藍莓添上清新滋味。

### 02. Summer Picnic Basket 夏日沙灘野餐樂 HK\$438

The restaurant service is attentive and thoughtful, providing guests with towels, beach mats and cutlery. 除了琳琅滿目的食物外，餐廳還貼心地供應毛巾、沙灘席和餐具。

### 03. Grilled Silver Cod Fillet 香烤銀鱈魚扒 HK\$168

The tender silver cod is juicy and accompanied by vegetables. 銀鱈魚質地細嫩，烤後依然滑溜多汁，配多款蔬菜，選料健康。



### Cafe Roma

Address 地址：Shop 7 & 8, L1 Beach Commercial Complex, Park Island 馬灣珀麗灣沙灘商場地下 7-8 號

Enquiry 查詢：3446 1226