

For Immediate Release

## Heat Up Valentine's Day with Cafe Roma's Aphrodisiac-Inspired Menu

**Hong Kong, 2 January 2014** – Couples seeking the ultimate in romance will find it at **Cafe Roma**, where a sumptuous aphrodisiac feast, created with well-known ingredients such as oysters, asparagus, and chocolate, is on the menu to spark passion this Valentine's Day. Located right on Ma Wan Tung Wan Beach in Park Island, Cafe Roma boasts a panoramic view of Tsing Ma Bridge in the background, setting the perfect mood for an evening of indulgence and romantic surprises.

Group Executive Chef Jaakko Sorsa has created a tantalising, amore-inducing 3-course menu featuring a selection of aphrodisiac ingredients. The Valentine's dinner starts with a choice between **Foamy Smoked Oyster Soup** with a dash of truffle oil or **Grilled Green Asparagus & Poached White Asparagus** served with truffle-poached egg and pumpkin seed vinaigrette. Oysters' age-old reputation for increasing sexual desire comes from their high zinc content, which helps produce sperm and increase sex drive. Asparagus also are believed to have libido-increasing qualities; so much so that in 19th-century France, grooms were served three courses of the sexy spears at their prenuptial dinners. Main course options include **Almond-Crusted Perch Fillets** with roasted prawn risotto, marinated celery, and hollandaise sauce, the hearty **Australian Lamb Chops with Herb Crust**, and the vegan-friendly **Grilled Marinated Eggplant and Portobello** served with poached white asparagus topped with a chilli-bell pepper sauce. The meal ends on a sweet note with a decadent **Dark Chocolate-Raspberry Mousse Cake** with apricot sauce. As the king of natural aphrodisiacs, chocolate contains chemicals that release dopamine in the pleasure centres of the brain, inducing feelings of excitement, attraction, and euphoria.

The Valentine's Day dinner menu will be available exclusively on Friday 14 February 2014 at HK\$348 for one person, or HK\$688 per couple. An optional drink pairing at the special price of HK\$98 for two glasses of champagne cocktails is available. 10% service charge will be applied. Reservations are highly recommended and can be made by calling (852) 3446 1226 or emailing [reservations@caferoma.com.hk](mailto:reservations@caferoma.com.hk).

With its romantic night views and aphrodisiac-inspired menu, **Cafe Roma** is the perfect destination for couples celebrating their love this Valentine's Day.

### Where to find Cafe Roma:

L1, Shop 7&8, Beach Commercial Complex, Park Island, Hong Kong

Tel: 3446 1226

Email: [reservations@caferoma.com.hk](mailto:reservations@caferoma.com.hk)

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*Managed by GR8 Leisure Concept*

### About Cafe Roma

**Cafe Roma** is an all-day beachfront dining cafe that serves European cuisine, based on fresh, quality ingredients with a kitchen team managed by Executive Chef Jaakko Sorsa, who also oversees FINDS, the first and only Nordic restaurant and bar in Hong Kong. Cafe Roma is proud to have the best spot on Park Island, being the only restaurant with the wooden deck and open air by the beach. It offers all-time favourites such as pizza, pasta, burgers, steaks and healthy salads, paired with a good selection of wines, beers, creative cocktails and fresh fruit juices at the bar. Cafe Roma is also kids-friendly, offering a full kids menu with healthy ingredients for families with children. Pets are also always welcome at the restaurant. Cafe Roma is perfect for a quiet meal alone, a romantic date or a gathering for family and friends. The friendly team at the restaurant also easily accommodates private events such as cocktails, birthday parties, kids' parties, wedding receptions and reunions.

### About GR8 Leisure Concept Limited

**GR8 Leisure Concept** is an innovative hospitality group based in Hong Kong that focuses on unique concepts in hotels, serviced apartment, restaurants, and bars. The group owns and manages properties including **The Luxe Manor**, the first designer boutique hotel in Kowloon; **Knight on Wyndham**, a serviced apartment conveniently located in the heart of Central; **Hotel Soul**, a chic boutique hotel in Suzhou, China; and a number of unique F&B outlets in Hong Kong and China including **Robata Zawazawa**, a Japanese robatayaki bar in Lan Kwai Fong and **Cafe Roma**, a beachfront, alfresco café located on Park Island, Ma Wan. Located within The Luxe Manor are two unconventional restaurants and bars: **FINDS**, the first and only Nordic restaurant in Hong Kong, and **Dada Bar + Lounge**, a Dadaism-inspired lounge with live music performances on weekends. Hotel Soul also boasts three distinctive restaurants including **Brasserie 101**, a stylish restaurant serving sublime Continental cuisine; **N.P.S. Congee Hotpot** that introduces a different kind of hotpot experience through rice-based congee soup; and **Ying Fook Heen Chinese Restaurant**, serving dim sum and Cantonese cuisine.

From 15 June 2013, the group acquired six additional brands within 1881 Heritage, including the 10-suite heritage hotel **Hullett House**, each with a spacious balcony and different theme; **The Parlour**, a glamorous and grand chinoiserie lounge for all-day dining and unique cocktails; **Loong Toh Yuen**, a Cantonese restaurant embodying the old Hong Kong teahouse culture; **St. George**, the signature fine dining restaurant serving contemporary French cuisine; **Stables Grill**, a casual yet hip eatery nestled inside the old horse stables of Hullett House; and **Mariners' Rest**, a British pub that still houses the original jail cells from the former Marine Police Headquarters.

For more details, please visit [www.gr8lc.com](http://www.gr8lc.com).

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The starter ***Grilled Green Asparagus & Poached White Asparagus*** is served with truffle-poached egg and pumpkin seed vinaigrette, and offers many great nutrients for hormone production.



Celebrate romance by the beach with a great selection of mains, including ***Almond-Crusted Perch Fillets*** served with roasted prawn risotto, marinated celery, and hollandaise sauce.

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VALENTINE'S DAY MENU

**Foamy Smoked Oyster Soup**

Thyme croutons & truffle oil

**HK\$98**

*or*

**Grilled Green Asparagus & Poached White Asparagus** 

Truffle-poached egg, butter lettuce & pumpkin seed vinaigrette

**HK\$108**

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**Almond-Crusted Perch Fillets**

Roasted prawn risotto, marinated celery & hollandaise sauce

**HK\$188**

*or*

**Australian Lamb Chops with Herb Crust**

Grilled marinated eggplant, tomatoes, garlic & rosemary gravy

**HK\$218**

*or*

**Grilled Marinated Eggplant and Portobello** 

Poached white asparagus, rocket & chilli-bell pepper sauce

**HK\$158**

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**Dark Chocolate-Raspberry Mousse Cake**

Apricot sauce

**HK\$88**

**HK\$348 for 1 person**

**HK\$688 for 2 persons**

**Optional Cocktail Pairing**

**HK\$98 for 2 glasses of Champagne Cocktails**

Vegetarian-friendly 

10% service charge applies

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